

Email the team

CURRENT STAFF MEMBERS



[Julie Knopper Admin](#)



[Sarah Weightman
Midwifery Director](#)



[Chris Griffin
Medical Director](#)

USEFUL LINKS

[SOSU](#)

[WACHS](#)

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[Rural Health West](#)

[WAPHA](#)

[WAPHA GP Connect](#)

[WAPHA/RHW Practice Assist](#)

[FSEP](#)

[K2 trainer](#)

[Figure 1](#)

SOSU Bulletin



Please do not print

National Strategic Approach to Maternity Services Round 2 Consultations

[National Strategic Approach to Maternity Services Round 2 Consultations](#) - Perth Workshop, Monday 15 October and Bunbury Workshop Tuesday 6th November. The [explanatory PDF](#) describes the core practices that encompass maternity care in Australia. The initial round of consultation has not been reported upon as yet so if you wish to have your voice heard and influence the future of maternity care in Australia then please have your say for the future. Free registration as well! [The full guideline can be accessed here](#) and although a lengthy document, the online version is extremely easy to use.

Family Integrated Care

Family Integrated Care (FICare) is a model of care for infants and their families practised at WNHS. In FICare parents are supported to be integrated with the NICU health team in the care of their infants. The FICare model provides the structure for parent-centred care in WNHS.

The goal of FICare is to facilitate the partnership and collaboration between parents and the NICU health team so that parents are providing active care for their infant. This is achieved by:

1. Parents are invited to be partners with the NICU health team in their infant's care on admission to the NICU or neonatal nursery.
2. Parents are supported to participate. This support is multidimensional and includes the health care team, social work department, psychological medicine and graduate parents.
3. Parents are taught care giving activities by the bedside nurses and can participate in providing care for their infants.
4. Parents can attend ward rounds and participate in decisions on ward rounds.
5. Parents are provided with education.

Preliminary research suggests that infants admitted to the NICU and cared for under the FICare model grow faster and have less stress, spend fewer days in the NICU, and are less likely to be readmitted to hospital after discharge, compared to infants cared for primarily by staff. (Taken from Parenting in the Neonatal Unit Environment—Clinical Practice Guidelines. [Read more.](#))

Appointments and Congratulations

Congratulations to Terri Barrett upon being appointed as Nursing Co Director Community Health at CAHS from 5 November this year. Terri has been an absolute rock to us at SOSU and I am sure we will be voicing all your best wishes to her in her new position.

Graeme Boardley and Janet Hornbuckle after many years of incredible work as co leads for the women and newborn health networks have stepped down. I am sure again that you will all be extending your gratitude to the pair for their great work over the years.

Kate Reynolds (WACHS) and Chris Griffin are the new co leads for the next two years. SOSU will be advertising for new directors in medicine and midwifery at some stage in the future. With this in mind if anyone is interested then please feel free to contact the respective incumbents for more information about what we feel is a great job.



Congratulations to Dr Diane Mohen who has been appointed to the WACHS Board. Diane was the former Medical Director of the Statewide Obstetric Support Unit and former WACHS clinical lead in obstetrics and gynaecology. She has had a career spanning more than 30-years, initially in general practice and then as a specialist obstetrician and gynaecologist and has worked tirelessly to improve the health of rural women and babies in Western Australia.

In July SOSU sent out a K2 Newsletter advertising a **CTG Interpretation Skills competition** where participants had to achieve an average score of 70% or higher in 3 or more simulator cases by the end of September 2018.

Leadership Diversity — Dr John Maxwell

"I can do what you can't do and you can do what I can't do. Together we can do great things." ~ Mother Teresa
Insecure leaders don't like diversity. They don't change their organisations because they're uncomfortable with people who have different skills than they do. Can you think of good examples of diversity in your workplace. We would love to hear and share with

Links and others ([disclaimer](#))

WA via the [Perth Children's Hospital](#) and [kids health WA](#) have two excellent sets of guideline site to support health professionals. The [Royal Children's hospital in Melbourne](#) has one site incorporating statewide guidelines (mainly paedics) along with an app which is well worth downloading. The app has access to over [200 clinical practice guidelines](#) that can be viewed offline as well. [Better Safer Victoria](#) headed up by Euan Wallace have produced an amazing collaborative piece of work involving collaboration with NSW and QLD.

[Your Baby's Movements Matter](#) - this is a great single page patient education poster / leaflet.

People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily. Zig Ziglar