

## Referring to Adult HiTH

All referrals to Adult Hospital in the Home (HiTH) will be reviewed and prioritised between 8.30am and 5pm daily by the HiTH Intake Officer or CNS (weekends).

All referrals should be discussed with the Intake Officer or CNS before they will be considered for HiTH. Please phone **6383 1120** to speak to them. If you will not be available to discuss the referral, please provide contact details of someone who can liaise with the HiTH service about the referral.

Referrals must be completed on the Adult HiTH referral form. This is available as a PDF printable form for hand written referrals or an expandable word document for typed referrals.

Please send referrals to [MHPHDSAdultHiTH@health.wa.gov.au](mailto:MHPHDSAdultHiTH@health.wa.gov.au). Faxed copies will also be accepted. The HiTH inbox will not be monitored outside of the hours of 8.30am-5pm.

Referral paperwork must contain sufficient information for the HiTH service to determine suitability of the patient for HiTH against the below admission criteria. Please send any relevant supporting documentation which is *not* available on PSOLIS with the referral form.

### Admission Criteria

<b>Criteria for Admitted Care:</b> Patient must qualify for a voluntary inpatient acute bed.
<p>The primary clinical purpose or treatment goal is improvement in the symptoms and/or psychosocial, environmental and physical functioning related to a patient's mental disorder.</p> <p>The patient must meet at least one of the following qualifications:</p> <ul style="list-style-type: none"> <li>• the patient requires expert clinical management and facilities that are only available in an inpatient ward or HiTH</li> <li>• the patient requires at least daily assessment of their medication needs</li> <li>• there is a legal requirement or social circumstances necessitating admission such as: <ul style="list-style-type: none"> <li>○ adult at risk (for example, inadequate level of social support to safely leave the hospital)</li> <li>○ the patient requires daily observation, risk assessment and plan to minimise self-harm risk</li> </ul> </li> </ul>
<b>Adult HiTH Requirements</b>
<p>Resides in NMHS catchment area</p> <p>Home environment suitable for mental health care to be provided in the home</p> <p>Accommodation stable for next 14 days</p> <p>Person is suitable for a voluntary admission (will accept people on a CTO)</p> <p>Aged 18-64 OR an older adult who is an active consumer of a community mental health service without cognitive deterioration</p>
<b>Clinical Needs</b>
<p>Person has diagnosed mental health condition or acute mental health symptoms and is experiencing an acute episode of mental health symptoms/ deterioration;</p> <ul style="list-style-type: none"> <li>• severity of symptoms has worsened and warrant admitted care setting OR</li> <li>• Person requires intensity of support not available in a community setting.</li> </ul> <p>Patient would benefit from daily HiTH visits</p> <p>Physical health needs are stable or managed in the community</p> <p>AOD use is at a level that it will not impact or inhibit clinical care to a point that HiTH would not be beneficial to the patient</p>
<b>Risk</b>
<p>Risk of violence, aggression or self-harm can be managed in a community setting</p> <p>Home environment is safe for community visiting during daytime and evenings</p>
<b>Consent and Participation</b>
<p>Patient consents to participate with HiTH treatment on a daily basis and likely to engage with daily visits</p>

JOONDALUP CATCHMENT AREA		STIRLING CATCHMENT AREA		LOWER WEST CATCHMENT AREA
JOONDALUP CMH		OSBORNE CMH	MIRRABOOKA CMH	SUBIACO CMH
Alkimos	Kingsley	Balcatta	Alexander Heights	City Beach
Ashby	Kinross	Carine	Balga	Claremont
Banksia Grove	Mariginiup	Churchlands	Ballajura	Coolbinia
Beldon	Marmion	Doubleview	Cullacabardee	Cottesloe
Burns Beach	Merriwa	Glendalough	Darch	Crawley
Butler	Mindarie	Gwelup	Dianella	Daglish
Carabooda	Mullaloo	Hamersley	Girrawheen	Dalkeith
Carramar	Neerabup	Herdsmen	Koondoola	Floreat
Clarkson	Nowergup	Innaloo	Landsdale	Jolimont
Connolly	Ocean Reef	Joondanna	Lexia	Karrakatta
Craigie	Padbury	Karrinyup	Madeley	Kings Park
Currambine	Pearsall	North Beach	Malaga	Leederville
Duncraig	Pinjar	Osborne Park	Marangaroo	Menora
Edgewater	Quinns Rock	Scarborough	Mirrabooka	Mosman Park
Eglinton	Ridgewood	Stirling	Nollamara	Mt Claremont
Gnangara	Sinagra	Trigg	Noranda	Mt Hawthorn
Greenwood	Sorrento	Tuart Hill	Westminster	Nedlands
Heathridge	Tamala Park	Waterman's Bay	Yokine	North Perth
Hillarys	Tapping	Wembley Downs		Peppermint Grove
Hocking	Two Rocks	Woodlands		Shenton Park
Iluka	Wangara			Subiaco
Jandabup	Wanneroo			Swanbourne
Jindalee	Warwick			Wembley
Joondalup	Woodvale			West Leederville
Kallaroo	Yanchep			
<b>Joondalup Catchment</b> Regents Park Rd Joondalup WA 6027  Ph: (08) 9400 9599 Fax: (08) 9400 9590		<b>Stirling Catchment</b> Unit 1/20 Chesterfield Rd Mirrabooka WA 6061  Ph: (08) 9344 5400 Fax: (08) 9345 2631		<b>Lower West Catchment</b> 2 Nicholson Road Subiaco WA 6009  Ph: (08) 9489 7200 Fax (08) 9382 4171