



# Measles information



You have been in contact with measles. 

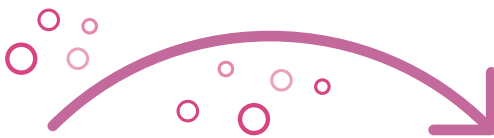


## What is measles?

Measles is a contagious viral illness that can make people very sick.

Many people are protected (immune) due to having had measles vaccination or measles in the past.

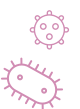
Measles can spread through contact with an infected person (via coughs, sneezes, speaking, breathing). The virus can spread through the air and spreads more easily indoors.



## What do I need to do?



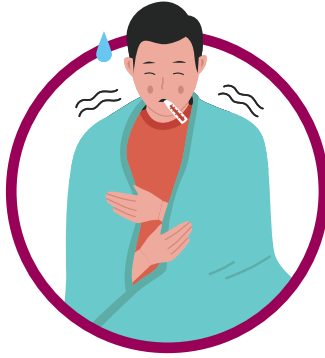
Watch for symptoms of measles for **up to 18 days** after contact with measles.



## Symptoms to watch for



Runny nose and cough



Fever



Sore eyes



Rash (a few days later)

## What should I do if I get measles symptoms?



**Stay home** and away from others.



**See a doctor.** Before you go, phone to tell them that you have been in contact with measles and have measles symptoms. When you arrive at the medical centre, call again before entering so that you can be managed away from other people. Wear a mask and do not sit in a waiting room.

The doctor can order urgent testing and provide medical care. Take this information with you.

## Prevention is best



Check your vaccine record for two doses of measles vaccine.

For more  
information, visit  
[healthywa.wa.gov.au](https://healthywa.wa.gov.au)  
or scan the QR code.



Call us on  
1300 623 292,  
Monday to Friday,  
8am to 5pm,  
for advice.



CONSUMER  
REVIEWED

The information provided is for information purposes only. If you are a patient using this publication, you should seek assistance from a healthcare professional when interpreting these materials and applying them to your individual circumstances.

### Boorloo (Perth) Public Health Unit

📍 Anita Clayton Centre,  
3/311 Wellington Street, Perth WA 6000

📞 1300 623 292

✉ [bphu@health.wa.gov.au](mailto:bphu@health.wa.gov.au)

🌐 [www.nmhs.health.wa.gov.au](http://www.nmhs.health.wa.gov.au)



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