



# Goals of patient care

## The goals of patient care plan

If you have an illness or health conditions that could deteriorate while in hospital, your doctor will discuss with you and your family/carer(s) which treatments are available to you, for you to decide what is acceptable to you.

This discussion may take place with different members of your treating medical team and will help identify:

- Who you would want to speak on your behalf (in the event you are unable to speak due to your condition)
- The type of care you may receive and your views and preferences associated with the provision of that care.

This will be documented in a goals of patient care plan.

## When will my plan be completed?

A plan will be completed during your hospital stay. Usually this is done in the first few days.

Your doctor will discuss the various medical treatments, including their implications and limitations, in relation to your quality of life.

These may include:

- Cardiopulmonary resuscitation (CPR)
- Admission into the intensive care unit (ICU)
- Treatment by the medical emergency team

## Management of your illness in the hospital

### What are the benefits of having a goals of patient care plan?

The plan promotes planning and shared decision-making between you, your family/carer(s) and your treating doctor about your treatment and care.



It ensures you are provided with agreed treatments and care according to your needs, wishes and values that are documented in your plan.

## Who can discuss my plan if I am too unwell?

Your family/carer(s) will be able to discuss your treatment and care decisions with members of your treating team if you are not able to.

## Can I change my mind about my plan?

You and your family/carer(s) can ask to discuss your plan with your doctor at any time during your hospital stay. This document may change and be updated as your health status changes.

## What happens when I am discharged from hospital?

Your plan will be included in your medical records. A new form may need to be completed on subsequent admissions. A copy can be provided to your primary GP and residential aged care facility (if applicable) upon discharge, at request or if your medical team feels this is of importance.

If you are readmitted into hospital, your doctor will review your plan with you and your family/carer(s) and make amendments if necessary.

## Consumer feedback

If you have had a goals of patient care discussion, we would value your feedback.

Please take the time to complete the brief feedback form below and hand it to the ward nurse manager.

Yes No

My doctor discussed my goals of patient care plan with me.

Did you feel listened to?

I felt reassured that if something happened to me, my wishes and preferences are known.

Everything was explained in a manner that I understood.

I was able to ask questions about my health and treatment.

## More information

If you would like to know more about completing a goals of patient care plan, please ask to speak with your doctor, or a member of the treating team.

## Contact us

Ward/service:

Hospital name:

Nurse manager:

Contact phone number:

## Comments

MHPHDS kindly acknowledges the work of the WA Department of Health Pilot Project in developing consumer resources.

