

# Attending your MHPHDS appointment via Video Call

Video Call is as convenient as a phone call, with the added value of face-to-face communication.

It can save you time and money, and brings your care closer to home



## Where do I go to attend my appointment?

- **1.** Visit www.nmhs.health.wa.gov.au/Video/Video-MH
- 2. Select your specialty

You will enter the clinic's online waiting area and your clinician will join you when ready.

There is no need to create and account. No information you enter is stored.

### ✓ What do I need to make a Video Call?

- A good connection to the internet
  If you can watch a video online (e.g.
  YouTube) you can make a video call.
- A private, well-lit area where you will not be disturbed during the consultation
- A recent version of a supported web
   browser
   Google Chrome, Microsoft Edge, Apple Safari

and Mozilla Firefox.

✓ Web-camera, speakers and microphone

See over for more information on how to make a Video Call.

#### ♠ Is it secure?

Video Call is secure; your privacy is protected.

You have your own private video room, that only authorised clinicians can enter.

#### \$ How much does it cost?

Video Call is free for patients that hold a valid Medicare card (except for your internet usage).

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You don't use any data while waiting for a clinician to join you.

A 20 minute Video Call uses about 230 MB on a mobile device, and 450 MB on a PC, similar to Skype® or FaceTime®.

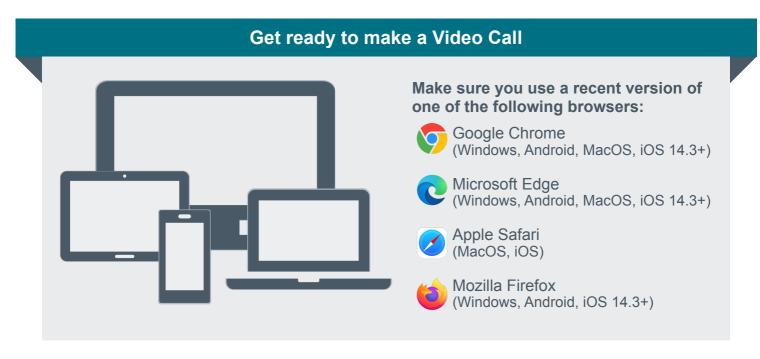
That's less than half of what you would use watching a YouTube video in High Definition.

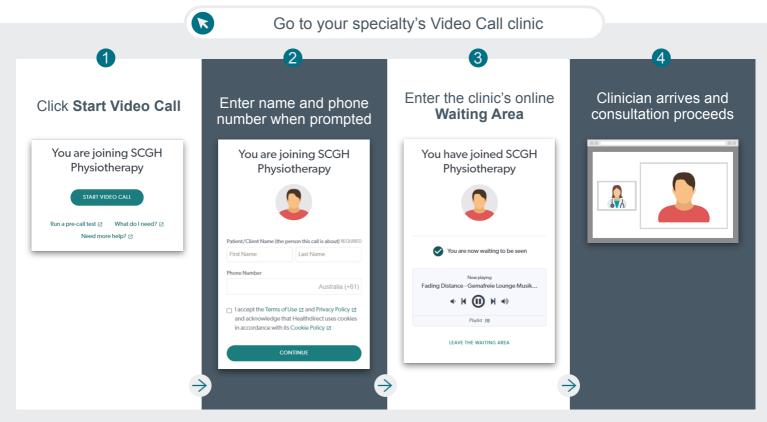
Data use is less when on lower-speed internet connections, and increases when there are more than two participants in a call.



#### **Smartphone & tablet users**

If you can, connect to a home or work Wi-Fi network to avoid using your mobile data allowance.





### What do I do if something is not working?

Call NMHS Telehealth on **6457 7991**, or Go to vcc.healthdirect.org.au/troubleshooting

To test your device before your appointment, visit vcc.healthdirect.org.au/precall/

