

HiTH feedback

The Adult HiTH Service welcomes compliments, complaints and suggestions to assist in service evaluation and improvement. Specific feedback can be provided on a feedback form, via email or verbally to the MHPHDS Stakeholder Liaison Officer, or directly to HiTH staff.

All Adult HiTH consumers will be asked to complete a short survey on their experience of the service to assist us in improving.

Contact Adult HiTH

To make a referral:

Phone: (08) 6383 1120

Email: MHPHDSAdultHITH@health.wa.gov.au

Central HiTH Office
(08) 6383 1120

Joondalup
(08) 9406 7153

For feedback:

Stakeholder Liaison Officer: (08) 9242 9612

Email: NMHSMH@health.wa.gov.au

Scan the QR code for the Adult HiTH referral form and guidelines



Mental Health Contacts

Crisis Services

Crisis care: (08) 9223 1111

Lifeline: 13 11 14

Poisons Information Centre: 13 11 26

Mental Health Emergency Response Line (MHERL): 1300 555 788

Drug and Alcohol Services

Alcohol and Drug Support Line:
(08) 9442 5000

If you feel you are at immediate risk, present to any hospital emergency department and request a mental health assessment.



Do you need an interpreter or this form in an alternative format?



Please ask a staff member and they will be able to assist you.



Consumers and Carers reviewed: Sep 2019

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Government of Western Australia
North Metropolitan Health Service
Mental Health, Public Health and Dental Services

Adult Hospital in the Home (HiTH)

Mental health hospital care,
provided in the home

Adult HiTH:
(08) 6383 1120

Email:
MHPHDSAdultHITH@health.wa.gov.au

About the service

The Adult Hospital in the Home (HiTH) Service provides daily mental health care in the home of eligible consumers who would otherwise require admission to hospital.

Adult HiTH is a multidisciplinary team of mental health clinicians working from Nedlands and Joondalup offices, offering close proximity to the consumers the service supports.

With intensive mental health assessment, treatment and management provided in the home, HiTH enables consumers to maintain their routines and fulfil their normal functioning and social roles, while still receiving the acute care they require.

Adult HiTH acts as a step between hospital admission and community care. The intensity and type of care provided in an inpatient ward is provided, but with greater flexibility to meet the consumer's preferences and facilitate maintenance of supports and links within their community.

HiTH clinicians work in partnership with the consumer, their family or carers if consented to or where appropriate, for up to 14 days, making plans and providing interventions to support their recovery.

How the service operates

Clinicians conduct an assessment with the consumer, at home. A case manager works in collaboration with the consumer, and their family or carers, to develop a care plan outlining goals and a treatment plan for the HiTH admission. Clinical care is tailored to consumer preferences and assessed needs.

HiTH nurses visit the home daily to monitor treatment and progress. They work with the consumer to help them develop a better understanding of their illness and medications, to improve coping skills and support their recovery.

Medical review is provided by the HiTH Doctors at least weekly, at home, or in a clinical setting where more suitable.

Pharmacy, Social Work and/or Occupational Therapy clinicians also work with consumers, families or carers to assess and treat specific needs, as required.

HiTH clinicians maintain close links with community mental health services and the consumer's General Practitioner (GP) to ensure appropriate care is available on discharge.

If assistance is required outside of HiTH hours, The Mental Health Emergency Response Line (MHERL) can be contacted for telephone support and advice. Consumers can also present to their closest hospital Emergency Department.

Hours of operation

The service operates 7 days a week, between the hours of 8.30am to 5pm. A HiTH afterhours service is provided between 5pm and 8.30pm where telephone support and some home visits are available.

Who is eligible

HiTH is for individuals residing in the north metropolitan catchment area who are experiencing an acute episode of mental illness and require admission to hospital. The consumer must be willing to be treated at home rather than in hospital and agree to daily home visits. It must be safe for both the consumer and HiTH staff for their hospital care to be provided in the home.

Consumers should have stable accommodation. It is preferable to have supportive friends/family or carers who are willing and able to be actively involved during the HiTH admission.

Who can refer?

Consumers can be referred to HiTH by their community mental health clinic, community private psychiatrist, emergency department or public inpatient unit. HiTH clinicians will assess the consumer's suitability for HiTH and facilitate an admission to Adult HiTH where appropriate.

The Adult HiTH referral form and guidelines are available online at: http://www.nmahsmh.health.wa.gov.au/services/adult_hith.cfm